

# Canadian Living

SMART SOLUTIONS FOR EVERYDAY LIVING

HEALTHY  
HEALTH

➤ Measure  
Your Risk

**BONUS:**

➤ Healthy Living  
Pullout!

GET THE  
BEST DEAL  
ON ALMOST  
ANYTHING!

HOOK YOUR  
KIDS ON  
READING



GET  
ROMANTIC  
David Rocco's  
Valentine's Day Dinner

4 ONE-HOUR  
BATHROOM  
UPDATES

OLYMPIC TREATS • GREAT CRAFTS • DIY PRO.



**Ain't no lullaby**

Name Your Tune is a personalized CD with your kid's name featured in the songs. A portion of proceeds goes to helping provide hearing aids for children. \$20; [nyt.ca](http://nyt.ca)