

FATHER'S DAY BBQ

Canadian Living

SMART SOLUTIONS FOR EVERYDAY LIVING

Get Set for SUMMER

- > quick & easy dinners
- > great gardening tips
- > ice cream desserts
- > travel fitness

ULTIMATE SUMMER PLANNING GUIDE

Home, cottage, campground, street party fun and more!

STROKE ALERT

Know your first response

HOME HAIR COLOUR made easy



> REAL SWIMSUITS FOR REAL WOMEN

Ginger Lime Salmon Skewers

LOW-SODIUM COOKING • KI

EDITOR'S PICK

My Woodness Me personalized stools feature your child's name in colourful block letters that she can remove and play with. Your child can also use the letters to learn to spell her name because they only fit back into place when they are in the proper order. The birch stools by Name Your Tune are made in Canada with nontoxic materials. Prices range from \$65 to \$75. To order, visit www.nameyourtune.com.

